

ROCABELLA  
SANTORINI



WELLNESS MENU

”  
Healing  
is a matter  
of time,  
but it is  
sometimes  
also  
a matter of  
opportunity.  
”

SOCRATES (469-399 B.C.)



# ARIADNE ATHENS GREEK LUXURY TREATMENTS

Luxuriate yourself in a series of carefully designed rituals that carry the seal of excellence Ariadne Athens experience has to offer. Choose among a wide range of outstanding treatments which emphasize on the uniqueness of a deluxe, natural and pampering practice.

An exhilarating journey starts that travels the mind and soul to the unique, picturesque landscapes of Greece...





## WELLNESS RITUALS

It is our priority and commitment to provide you personalized wellness services according to your needs and preferences. Our wellness consultants can assess your health and lifestyle and recommend a personalized program for you through our signature rituals designed for overall well-being.



### JET LAG RECOVERY

Post-travel rescue treatment

Escape travel exhaustion and jet lag with the 80-minute invigorating treatment that aims to revive and re-energize the body's natural biorhythms. Grounding and restoring natural flow when all feels out of sync, this energizing ritual relieves imbalances and revitalizes the nervous system. Delicate mocha scrub leaves your skin silky soft, ready to receive the complementary benefits of the rejuvenating massage that follows. Sensational citrus fruits aromas invigorate the mind, while the perfectly orchestrated massage movements support the body against stress and fatigue. Finally, refreshing notes of spearmint mingle with the cooling sensation of grapefruit to slowly stimulate the blood flow and offer ultimate comfort.

Duration: 1h 20min / 125€

### ROCABELLA ELEGANCE

Luxury anti-aging face & body treatment

An exhilarating touch for your skin, a unique ritual for your senses, a rejuvenating journey for your soul! The outstanding power of crystals seduces every cell of your skin, as the properties of sensuous rose quartz, delicate aquamarine and captivating moonstone orchestrate the most luxurious and perfectly balanced anti-ageing treatment. Sparkling jasmine, gardenia and mastiha gently exfoliate the skin, offering the most sensually soft touch, preparing the body for the exceptionally beneficial properties of firming and deeply nourishing 24K gold and gemstone masks. Followed by a perfectly mastered massage technique, which combines unique rose quartz crystals and warm sand pouches, this treatment aspires to guide your senses to a sublime journey of the spirit.

Duration: 2h / 190€

### SANTORINI LAVA WAVES

Body shaping treatment

Supercharged body treatment based on the supreme power of Santorini's volcanic lava clay which fights cellulite and excess fat, while stimulating blood flow to increase metabolism. Combining a plethora of active ingredients such as algae, basil and cinnamon, this treatment helps activate the lymphatic system and decongest the body, efficiently removing toxins. The wrapping technique applied in the end helps firm and tone the body, while providing evident inch loss and a visibly smoother appearance.

Duration: 1h 15min / 160€

### UNDER THE SUN

After-sun treatment

The ultimate after-sun care for your skin! This treatment embodies the ideal refreshing properties of drops of sea water and the calming benefits of yogurt, skillfully combined to help restore skin's moisture. This fully restorative and rejuvenating face and body treatment helps to deeply hydrate sun exposed skin and eliminate irritation. The application of a fresh cooling mask with sun drenched pomegranates and pure aloe vera extracts replenishes the skin's lipids and provides high moisture and smoothness. Inflammation and skin-irritation is minimized, offering a unique sense of relief after sun exposure.

Duration: 45min / 90€



## COUPLES EXPERIENCES

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There are certain experiences which cultivate memories and emotions that last forever. There are certain rituals, designed with respect to the human body and soul, performed with love and affection, to provide the utmost sense of indulgement.



### VINSANTO HARVEST

A ritual for spa connoisseurs

Inspired by the Santorini's vineyards, this exhilarating experience of relaxation and wellness, releases and calms, both, body and mind! A lush deliverance of olive kernels and rose petals indulge the skin in a soft body scrub, while proprietary antioxidants and vitamins comprised in the nutritious mask that follows. Sparkling notes of bergamot and a mask of sun-soothing yogurt and honey is applied to immerse the skin in a bath of freshness and hydration. An enveloping aromatherapy massage with a warm candle grants a total relaxation, completing this ultimate sensation. The alluring ritual ends with a refreshing glass of wine that brings a euphoric feeling, while also stimulating your senses!

Duration: 1h 30min / 170€ per person

### LOVE AFFAIR

Honeymooners' experience

Spend time together and enjoy the truly unique experience of sharing time with your other half, as you both receive a pampering ritual perfect for couples. Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine sugar crystal body scrub and an intoxicating, signature body mask with liquid chocolate extracts! Then, lay back and unwind while the heated solid waxes of candle massage slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Now, feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. Complete the ritual with an absolute moisturizing facial with raw honey combined with apricot extracts, that nourish and deeply hydrate your skin, leaving it soft and clean, with a silky, radiant appearance.

Duration: 1h 15min / 115€ per person



## FACIALS



Inspired by the sumptuously relaxed atmosphere the majestic Mediterranean blue sea has to offer, these lavish facial rituals promise to indulge your skin with their velvety textures and sensual aromas, while revealing a firmer, more hydrated, supple, radiant look. Allow yourself to enjoy the ritual that complements your individual needs best, from one of the following choices:



### GLOWING JEWEL OF CYCLADES

Luminously radiant look

Inspired by the undeniable charm, glamour and lifestyle of the Greek islands, this glowing therapy promises a brighter, firmer and noticeably younger-looking skin. This facial, thanks to its valuable ingredients such as wheat proteins, clinically-proven enlightening extract of rapeseed and vitamin C, targets signs of aging, evens skin tone and texture, and stimulates collagen production for a healthy, glowing complexion!

Duration: 60min / 95€

### MELI

Vital hydration and nutrition

A highly rejuvenating and ultimately hydrating experience dedicated to the richness of local flavors and aromas, such as sage, honey and other nourishing elements that instantly restore your skin hydration levels. Feel your skin soft and supple with an immediately healthy and radiant appearance. Allow yourself to experience the soothing effect of rosewater intertwining with the thirst-quenching aromas of lime, while your skin indulges in the unique moisturizing benefits of our precious honey mask. Soothing apricot oil envelops skin with anti-ageing benefits, while the final skincare routine ensures that the moisturizing aspects are maintained thereafter.

Duration: 60min / 95€

### LUNAR GRACE

Luxury anti-aging facial with crystals

The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect! Specifically designed to target dullness, dryness, wrinkles and sagging, this treatment promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Rose Quartz Crystals contribute to the facial massage ritual, focusing on minimizing fine lines and wrinkles, as the proprietary blend of evening primrose and ylang ylang, repairs and rejuvenates the skin, promoting an overall youthful appearance, with a visibly firmer, tighter and more lifted look.

Duration: 60min / 110€

### SKIN REBIRTH

Bespoke Miracle Skin Renewal

A high-performance, all-in-one, personalized treatment, that promises to diminish the look of fine lines and wrinkles, deeply moisturize and regenerate the skin, soothe redness and irritation, heal scars, reinforce natural cellular turnover and improve overall appearance. Your face, décolletage, hands and arms are immersed in a shower of wellness through a series of fully custom-made products and exclusive techniques that address their individual concerns, ultimately presenting an entirely renewed look. Your skin is recharged. Your skin is reformed. Your skin is reborn!

Duration: 60min / 120€



The Ultimate Wellness Experience



## MASSAGES



We have carefully designed for you a series of luxury massages, that target specific needs; The ones that challenge us every day. Choose among a wide range of specialized practices, and spoil yourself with a mythical, sensational experience of a euphoria retreat.

The Ultimate Wellness Experience

### RELAX & UNWIND

Relaxing aromatherapy ritual

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.

Duration: 30min / 60€ - 60min / 100€

### DEEP TISSUE MASSAGE

Muscle release massage

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, and heal and restore balance to the body and nervous system.

Duration: 60min / 120€

### MELTING SENSATION

Candle Massage Experience

Indulge your senses in a mystifying massage ritual that will entice your mind, body and soul. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Now, feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most sophisticated massage recipient. An outstanding, divine experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being!

Duration: 60min / 110€

### MESMERISING & MYSTIFYING HEAD & HAND MASSAGE

A sensational voyage that combines the ancient wisdom of ayurvedic rituals with the lavish aromatic herbal zests of Greece. An invigorating, yet totally relaxing head massage, lush in the aromas of calming Lavender, bright Rosemary, soothing Tea tree wonderfully blended with delicately scented, healing Laurel oil, initiates the intoxicating journey. Complemented by the sensuous blend of Orange, Patchouli and Ylang-Ylang, a pampering hand massage delivers the utmost calming effect for, both, your mind and body. Silk-like body butter, rich in the exotic notes of pure Coconut, completes this perfectly balanced, de-stressing experience.

Duration: 45min / 75€



## MINI RITUALS



Choose to delight yourself in one of the short-timed rituals that promise to satisfy your senses and indulge your skin, while allowing you to meet your busy schedule. Instantly revitalize and obtain a luminous touch, reveal a healthy-glowing look, set yourself free from any kind of tension, ward off a stressful day or entice everyone with the most sparkling and radiant eye look.

### FATIGUED LEGS RELIEF MASSAGE

Refreshing notes of spearmint mingle with the velvet texture of chocolate sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with Cretan raki in a, rich in antioxidants, gel mask that nourishes and renews the skin, as a pampering massage experience, lush in moisturizing properties of coconut oil, deeply hydrates. Finally, calming yoghurt powder mixed with the gel mask offers ultimate comfort for tired legs.

Duration: 30min / 60€

### SPARKLING EYES

A visibly revived look! Reveal your most radiant and luminous eyes with this exclusively designed eye treatment. A mild enzymatic peel with unique Chios mastic, brightens dull and dehydrated skin, while the revitalizing massage with nourishing, precious evening primrose oil and jade stone Gua Sha, offers a natural, healthy glow. The eyes ritual, comprised of an innovative, highly-concentrated eye gel complemented by a proprietary blackcurrant peel-off mask, brightens dark circles, reduces puffiness and minimizes fine lines and wrinkles. Eye area is visibly hydrated, brightened, renewed and recharged. Your most youthful-looking skin is revealed!

Duration: 30min / 60€

### CONFETTI RAINFALL SHOWER EXPRESS BODY POLISH

A fast and invigorating, full body exfoliation treatment lush in captivating aromas of jasmine, gardenia and coconut. Delicate white sugar crystals softly remove dead skin cells, while promoting circulation throughout the body. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look!

Duration: 30min / 60€





## PACKAGES

### DAY SPA PACKAGE

230€

CONFETTI RAINFALL BODY POLISH | 30 min  
 RELAX & UNWIND MASSAGE | 60 min  
 GLOWING JEWEL OF CYCLADES | 60 min

### 2 DAYS SPA PACKAGE

320€

CONFETTI RAINFALL BODY POLISH | 30 min  
 SKIN REBIRTH | 60 min  
 SPARKLING EYES | 30 min  
 MELTING SENSATION - CANDLE MASSAGE | 60 min

## SPA ETIQUETTE

### SPA ARRIVAL

We ask that you arrive 15 minutes before your appointment time to allow yourself time to relax and to complete a health questionnaire which will help us personalize your spa visit. To ensure we give the best possible experience to all our spa guests. If you are running late your treatment time will be shortened to ensure the next guest is not delayed.

### ADVANCED BOOKINGS

To schedule an appointment for the perfect treatment, please speak with our specialist Spa reception team who will guide you to the right choice. To ensure your preferred time and treatment is available we do advise booking in advance. Our therapists are highly trained to be sensitive to your comfort and modesty at all times.

### HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries that could affect your experience when making your spa reservation.  
 Heat & water facilities are not recommended for pregnant women.

### CANCELLATION POLICY

Any treatment cancelled without a minimum of 4 hour notice will incur a charge equal to 50% of the value of the treatment(s).

### SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquillity. Please respect all Spa guests' right to privacy and serenity. Considering this, the Spa is a smoke-free and mobile phone free zone (please enable silent mode on your device).

### LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. Please keep all your valuables locked in your locker during your visit.

The Ultimate Wellness Experience

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